



The importance of water safety for kids



1. Always swim with a buddy
Never swim alone!





2. Listen to your coach
and follow the rules.





**3. Stay in the shallow end
if you're still learning.**





**4. Wear your swim gear
(goggles, swim cap, etc.)
to stay comfortable and safe.**



Confidence in water starts with safety!

Before mastering strokes,
kids must master water safety.
PM us @**optimumswimschool**
to learn more.

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